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Determination of dichloroacetate and its metabolites in human plasma by gas chromatography–mass spectrometry

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Abstract

Sodium dichloroacetate (DCA) is an investigational drug for the treatment of lactic acidosis, and is also a putative environmental toxicant. We developed and validated a gas chromatography–mass spectrometry (GC–MS) technique that simultaneously measures lactate, DCA and its metabolites, monochloroacetate (MCA), glyoxylate, glycolate and oxalate in
human plasma. Following administration of $[^{13}C_{1,2}]DCA$ to healthy volunteers, blood samples were c points and the drug and its metabolites present in plasma were derivatized to their methyl esters by reacting with 12% boron trifluoride–methanol complex. The methyl esters were extracted with methylene chloride and analyzed by GC–MS. The quantitation limits of DCA and metabolites ranged between 0.3 and 1.5 μ *M*. The coefficients of variation of the standards within the entire calibration range were between 0.3 and 14.5%. The bias values ranged between -16.3% and 18.7%. Total recoveries from derivatization and extraction were between 46.9% and 78.5%. The coefficients (r^2) of linear regression of the calibration curves were 0.9882 to 0.9996. \circ 1997 Elsevier Science B.V.

Keywords: Dichloroacetate; Lactate; Monochloroacetate; Glyoxylate; Glycolate; Oxalate

al drug with a potentially broad clinical spectrum, an environmental hazard to humans, despite its including utility in the treatment of acquired and relatively wide therapeutic index when administered congenital forms of lactic acidosis [1]. DCA is also a chronically or acutely to children and adults in doses product of water chlorination [2,3], and is a metabo- of 12.5 to 50 mg/kg of body weight [1]. lite of certain industrial chemicals [4,5] and drugs, Considerable interest exists, therefore, in evaluat-

1. Introduction such as chloral hydrate [6] and chloramphenicol [7]. Neurotoxic and hepatotoxic effects of DCA in Sodium dichloroacetate (DCA) is an investigation- animals have focused attention on its putative role as

ing the kinetics, metabolism and toxicology of DCA in humans. Accordingly, several analytical tech- *Corresponding author.
¹Presented in part at the Pittsburgh Conference at Atlanta USA DCA and its metabolites in biological fluids, with ¹Presented in part at the Pittsburgh Conference at Atlanta, USA, DCA and its metabolites in biological fluids, with

March, 1997. limited success. High-performance liquid chromatog-

raphy (HPLC), using an ultraviolet-visible (UV–Vis) 2.2. *Drug administration and plasma sample* detection, is applicable only for rather high drug *collection* concentrations, because DCA has a low UV absorption [8]. Augmenting the sensitivity of HPLC with a This study was approved by the Institutional radioactive flow detector can be achieved [9,10], but Review Board of the University of Florida and is impractical for clinical investigations. When DCA written informed consent was obtained from each of concentrations were measured by gas chromatog- the 20 healthy adult volunteers (10 male) who raphy (GC) using an electron capture detector participated. Prior to the start of the study the (ECD), its metabolites glyoxylate, glycolate and subjects underwent three days of a weight maintainoxalate could not be detected [11–14]. Given the ing, constant diet at the Clinical Research Center of selectivity and sensitivity of mass spectrometry Shands Hospital, University of Florida. Oxalate rich (MS), GC–MS methods have been utilized to quanti- foods, such as nuts, chocolate and tea, were avoided tate DCA, but not its metabolites [15,16]. In this and only deionized water was drunk or used in food study, we developed and validated a sensitive and preparation. The same diet was maintained throughselective GC–MS method that is applicable to the out the study, which investigated the kinetics and study of DCA pharmacokinetics and metabolism in metabolism of oral and intravenous DCA in a humans. Plasma lactate was measured as a means of randomized, crossover experimental design. On the correlating the pharmacokinetics with the pharmaco- day before drug administration, after an overnight dynamics of DCA. **fast fast**, 2.5 ml venous whole blood samples were

 $\begin{bmatrix}^{13}C_{1,2}DCA \end{bmatrix}$ Solid solid salt (>99.5%, custom synthes-
ized by Cambridge Isotope Laboratories, Inc., Ancontained only $\begin{bmatrix}^{13}C|DCA \end{bmatrix}$. Blood samples were
dover, MA, USA), $\begin{bmatrix}^{12}C|DCA \end{bmatrix}$ solid and oxalic acid dimethyl ester (TCI America, Port- 5, 6, 8, 12 and 24 h after the first and last doses. land, OR, USA), MCA, glycolic acid, glyoxylic acid Samples were placed on ice and then centrifuged at monohydrate, 85% (D,L)-lactic acid and methyl esters 2000 rpm/min for 15 min at 4°C in a Sorvall of DCA, MCA, oxalic acid, (*R*)-(1)-lactic acid, RT6000B refrigerated centrifuge (DuPont, Delaware, 4-chlorobutyric acid (CBA) and 12% boron tri- NJ, USA). The supernatant plasma fractions were fluoride–methanol complex (Aldrich Chemical Com- \qquad stored at -70° C before deprivatization. pany, Inc., Milwaukee, WI, USA), sodium oxalate (Sigma Chemical Company, St. Louis, MO, USA) 2.3. *Derivatization and extraction* and methylene chloride, cyclohexane and *n*-pentane (Fisher Scientific, Pittsburgh, PA, USA). All chemi- The derivatization procedures followed published cals were reagent grade or investigational drug grade methods [12,13], with minor modifications. A plas- (DCA) and they were used without further purifica- ma sample $(200 \mu I)$ and an internal standard (CBA) , tion. The solvents were pesticide grade. Deionized 1.75 mM in water, 50 μ l) were mixed with 500 μ l of water was prepared in our laboratory using a Milli-Q 12% BF₃-methanol complex in a glass culture tube Water System (Millipor, Bedford, MA, USA). Fresh and the tube was tightly capped with a teflon-lined frozen human plasma was purchased from Civitan cap. The mixture was heated at 115° C for 15 min. Regional Blood Center (Gainesville, FL, USA). After cooling, 1 ml of methylene chloride and 1 ml

collected in heparinized vacuumed tubes at 0 (8:00 AM), 1/2, 1, 2, 3, 4, 5, 6, 8, 12 and 24 h. Immediately after the 24 hour sample, DCA was **2. Experimental** 2. **Experimental** administered at a dose of 25 mg/kg orally or by infusion over 15 min in an antecubital vein of the 2.1. *Materials* contralateral arm. The dose was repeated every 24 h for five consecutive days. The first and fifth doses
Chemicals used in this investigation were contained equal amounts of $[^{12}C]DCA$ and

of water were added to the reaction mixture. The at the final temperature for 2 min. An electron mixture was vortexed using a Vortex Genie 2 mixer impact (EI) ionization mode with the ionization (Fisher Scientific, Pittsburgh, PA, USA) for 5 min, energy of 70 eV was used. Perfluorotributylamine allowed to stand for 10 min, and then centrifuged at was the calibration compound for the MS detector. 3000 rpm in a Beckman J-6B centrifuge (Beckman The MS detector was calibrated daily before the Instruments, Inc., Palo Alto, CA, USA) at 10° C for sample analysis. 15 min. The methylene chloride layer was trans- Chemical structures of DCA and metabolites were

kard (Palo Alto, CA, USA) 5890 series II plus gas lites, and the MS detector was calibrated by Maxichromatograph, a 5972A series mass selective detec- mum Sensitivity Autotune. As shown in Table 1, tor, a 6890 series auto-injector, a G1512A auto- specific mass fragments were selected for characsampler controller and a Vectra multimedia VL2 4/66 terizing methyl esters of MCA, lactate, TCA, DCA, computer using ChemStation software (Version glyoxylate, oxalate and CBA, while only the target C.03.02). The column was an HP-Wax (crosslinked ions were used to quantitate these chemicals, using polyethylene glycol) 30 meters long with 0.25 mm the real time executive integrator of the ChemStation I.D. and $0.15 \mu m$ film thickness. The carrier gas was software. helium, purchased from Air Products and Chemicals, Inc. (Allentown, PA, USA), and as used at a flow- 2.5. *Calibration curves* rate of 1.21 ml/min (39.1 cm/min) and a head pressure of 8.92 psi on the column. The sample in Glyoxylate and oxalate are normally present in methylene chloride $(1 \mu l)$ was injected using a blood. To overcome interference from these endogmethylene chloride (1 μ I) was injected using a blood. To overcome interference from these endog-
splitless mode. Temperatures of the injection port enous compounds, $[^{12}C]DCA$ was spiked with 50%
and mass selective de 150°C and 280°C, respectively. The temperature DCA, MCA, glyoxylate and oxalate was based on gradient of the GC oven was programmed to be their corresponding $[$ ¹³C) isotopes. Calibration of initiated at 40° C for 4 min, raised to 100° C at lactate, DCA and its metabolites was performed by 5° C/min, then raised to 240 $^{\circ}$ C at 50° C/min and held adding the compounds to water or plasma. The

Table 1

					Mass fragments for selected ion monitoring in GC-MS analysis			
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ferred to a sample vial for GC–MS analysis. identified by employing a full mass spectra scan mode in comparison with the authentic compounds. 2.4. *GC*–*MS conditions* The MS detector was calibrated by Standard Spectra Autotune. A selected ion monitoring mode was used The GC–MS system consisted of a Hewlett-Pac- for the quantitation of lactate, DCA and its metabo-

^aTarget ion fragment used for quantitation.

concentration of the internal standard, CBA (438.60 2.7. *Method validation* μ *M*), was selected because its peak area was about one half of DCA's peak area at its highest plasma Precision of the method was determined by calconcentration. Peak plasma concentrations following culating the intra-day and inter-day coefficients of a 25 mg/kg dose were usually less than 1500 μ *M*. variance (C.V.%). Intra-day and inter-day variance Therefore, the concentration range of calibration was were measured using the same plasma or water stock set at $0.3-2000 \mu M$. The lowest level was selected to solutions prepared for calibration curves. To measure reach the limit of quantitation. Since, under most the intra-day variance, five sets of derivatized and conditions, each of the DCA metabolites accounted extracted samples at each concentration level were for less than 10% of the parent compound, the generated by using the plasma or water stock soluconcentration ranges of calibration for MCA, glyox- tions. Derivatization and extraction were carried out ylate and oxalate were set between $0.9-500 \mu M$. on each of the following four successive days for Specific concentrations of lactate, DCA and its measuring the inter-day variance. The intra-day metabolites tested in water and plasma are listed in variance was calculated based on the five trial Tables 2 and 3, respectively. The calibration curves measurements accomplished in the first day, and the were plotted as concentration vs. peak area of the inter-day variance was calculated based on the compound. results of five trial analyses carried out on five

esters (2 mM each) of DCA, MCA, $L-(+)$ -lactic acid curves were used to quantitate lactate, DCA and its and oxalic acid, was made as a stock solution. metabolites in human plasma. Calibration solutions were made by diluting this stock solution or its corresponding dilutions with
methylene chloride to 1.4×10^{-4} , 2×10^{-4} , 8×10^{-4} ,
 1.4×10^{-3} , 2×10^{-3} , 8×10^{-3} , 1.4×10^{-2} , 2×10^{-2}
 8×10^{-2} , 1.4×10^{-1} , 2×10^{-1} Three dilutions at each concentration were made. 3.1. *Typical total ion chromatograms* (*TIC*) *and* The calibration curves were obtained by plotting *internal standard* peak area against concentration. Recovery following derivatization and extraction was calculated as the Presented in Fig. 1 are the TIC of the authentic ratio of each concentration of the methyl ester in the compounds spiked in water (panel A) and the TIC of methylene chloride extract after derivatization of a plasma sample of a healthy volunteer collected one each compound spiked in water or plasma vs. the hour after intravenous administration of 25 mg/kg each compound spiked in water or plasma vs. the hour after intravenous administration of 25 mg/kg concentration of each reference methyl ester added to DCA ($I^{12}C|DCA/I^{13}C|DCA$, 50%/50%) (panel B). methylene chloride. The volume of methylene chlo- After investigating a number of halogenated acids, ride extract vs. the volume of methylene chloride CBA, which did not interfere with analysis of other used for extraction was also measured as a factor of compounds, was chosen as the internal standard. The 13 recovery. In other words, the recovery was calculated concentrations of DCA, \int_{0}^{13} C]DCA, MCA, glyoxas the ratio of the slope of the calibration curve of ylate, oxalate, lactate and CBA were 124.17, 84.97, each compound obtained from derivatization vs. that 19.88, 24.46, 14.25, 7.69 and 148.19 μ M, respective-
of each reference methyl ester directly spiked in ly (panel A). The concentrations of DCA, $[^{13}C]DCA$,
methylene slope_(non-deriv)×factor of solvent volume change).

consecutive days. Accuracy of the method was determined by comparing measured concentrations 2.6. *Recovery of derivatization and extraction* with those added concentrations, and was expressed as bias (percentage difference between the measured A methylene chloride solution, containing methyl and added concentrations). The intra-day calibration

^aPractical recovery: recovery of the compound as the ratio of slope(deriv)/slope(non-deriv).

^bAbsolute recovery: recovery of the compound as the ratio of slope(deriv)/slope(non-deriv)×factor of solvent volume change.

 $\mathbb{C}P/W$: ratio of absolute recoveries of the compound in plasma vs. the compound in water.

^dND: not determined because authentic 2,2-dimethoxy acetic acid methyl ester was not available.

Fig. 1. TIC of GC–MS analysis using a selected ion monitoring mode. Panel A was from the authentic compounds spiked in water, and panel B was from a plasma sample collected from a healthy volunteer one hour after a dose of DCA $\left(\frac{12}{C}\text{DCA}/\frac{13}{C}\text{DCA}\right)$ 50%/50%, 25 mg/kg, i.v.), where MCA, Lact, DCA, Glyox, Oxal and CBA are methyl esters of MCA, lactate, DCA, glyoxylate, oxalate and CBA, respectively.

and 438.60 μ *M*, respectively (panel B). The re- while the naturally occurring compounds, glyoxylate, tention times of these compounds are presented in oxalate and lactate, were determined using the Table 1. In addition to the above compounds, calibration curves in aqueous solutions. glycolate and glycine are also reported to be DCA To confirm the accuracy of the present method, metabolites [7,8]. We did not detect $\int^{13}C$] labelled some samples were also analyzed by a GC–ECD

performed using the calibration curves in plasma, storage or analysis [19]. In resting, healthy indi-

glycolate, probably because of its low plasma con- method [13,14] previously used to determine DCA in centration. When analyzed using an HP–SMS col-

umn, we did not find $\left[$ ¹³C] glycine methyl ester as between the results from our GC–MS method and the DCA metabolite, although the unlabelled com- the GC–ECD technique. The normal human plasma pound could be detected (data not presented). concentration of glyoxylate is reported to be 6–10 μ *M* when analyzed by HPLC [17], and to be less 3.2. *Accuracy and precision* than 4.5 μ *M* when measured by fluorometry [18]. Various methods [19–24] have been used to de-Quantitation was based on the peak area ratio of termine oxalate concentrations in plasma, which are the target ions in SIM of the compound and of the usually reported to be $0.1-6.4 \mu M$. Higher values internal standard. The calibration curves obtained than this range recorded by some methods may result from intra-day analyses were used to quantitate the from conversion of glyoxylate, ascorbic acid or other plasma samples. Quantitation of DCA and MCA was compounds to oxalate during sample reparation,

viduals fasted overnight, the venous plasma lactate 3.4. *Recovery of derivatization and extraction* concentration is usually about 1 m*M* [25,26]. When the present method was used to analyze 33 samples As shown in Table 3, the recovery was obtained as collected from 11 healthy volunteers in three days, the ratio of the slope_(deriv) of the calibration curve of the mean (\pm S.D.) fasting plasma concentration of each compound obtained from derivatization vs. the unlabelled glyoxylate was $3.05\pm3.27 \mu M$ (range: slope_(non-deriv) of each reference methyl ester directly 0.25–12.78 μ *M*) and the concentration of unlabelled spiked in methylene chloride, and multiplied by the $0.25-12.78 \mu M$) and the concentration of unlabelled oxalate was $4.55\pm2.70 \mu M$ (range: $0.37-10.95 \mu M$). factor of volume change of methylene chloride The basal plasma lactate concentration before DCA during extraction. This factor should be 92%, beadministration was 0.85 ± 0.66 m*M* (range: $0.21 - 2.09$ cause it was observed that only 0.92 ml of 1.00 ml m*M*). These data indicate that the plasma concen- methylene chloride used for extraction was recovtrations of glyoxylate, oxalate and lactate measured ered. Thus the recoveries of oxalate and lactate were by the present method are comparable to those lower than those of the other compounds, probably determined by previously reported assays. because their methyl esters are more soluble in the

compounds fits well with linear regression (repre-
sented about 28.6% of methanol. The recovery of sented by regression coefficient values, r^2) within glyoxylate was not determined, because authentic the measured concentration ranges, while concen- 2,2-dimethoxy acetic acid methyl ester was not trations lower than those listed in Tables 2 and 3 lose commercially available.

2 their linearities. The r^2 values listed in these tables Besides methylene chloride, cyclohexane and *n*are the overall regression coefficients within the hexane were also tested as the extraction solvents, measured range. Since the plasma concentrations of but their extraction efficiencies were much lower MCA, glyoxylate and oxalate were lower than 50 than that of methylene chloride. There were some μ *M*, the practical calibration curves for these com-
differences between the recoveries of the compounds pounds were created between 0.9 to 50 μ *M*. Glyox- spiked in plasma and those spiked in water, as ylate and its methyl ester may be undergoing partial illustrated in Table 3 by the *P*/*W* values (percentage degradation in solution, in the injector or column, of recovery of the compound spiked in plasma vs. resulting in a high coefficient of variation (C.V.) and recovery of the compounds spiked in water after bias values. On the other hand, the precision and derivatization and extraction). These differences accuracy of lactate are relatively low, because the might be caused by the higher background in plasma, peak of methyl lactate was tailing (Fig. 1), which interference of the endogenous compounds and affected the results of peak integration at low levels. interaction between the compounds and plasma However, because the normal plasma concentration proteins. For the analysis of samples, no corrections of lactate is \sim 1 m*M*, this tailing is inconsequential were applied, since internal standards were used for for the quantitation of plasma lactate. the quantitation of the compounds.

3.3. *Interference by endogenous compounds*

each compound obtained from derivatization vs. the As shown in Tables 2 and 3, quantitation of the aqueous phase of the extraction mixture, which

3.5. *Limit of quantitation*

The limit of quantitation of each compound was Since the endogenous levels of glyoxylate and determined, based on results obtained from different oxalate in human plasma are higher than the amounts analyses performed on five consecutive days (Table generated in plasma by DCA metabolism, interfer- 4). There were no significant differences between the ence was observed from the natural abundances quantitation limits of DCA and MCA spiked in water $[$ ¹³C], especially when the drug metabolite levels and those spiked in plasma. Since the fragment of were low. This interference was minimized or elimi- m/z 59 used for quantitation of methyl esters of nated by subtracting the values of the control day DCA, MCA and oxalate was a common fragment of from the sample being analyzed. methyl esters of carboxylic acids, its background was

Table 4 Limit of quantitation of each compound (inter-day, $n=5$)

Compound	In water (μM)	C.V. (%)	In plasma (μM)	C.V. (%)
\int ¹² C _{IDCA}	0.49	8.17	0.58	13.75
\lceil ¹³ ClDCA	0.33	2.41	0.37	3.38
MCA	1.27	0.67	2.16	5.68
Glyoxylate	1.53	18.10	19.57 ^a	6.72
Oxalate	0.89	14.62	10.45^{a}	6.71
Lactate	35.84	17.21	560.82 ^a	17.05

a Serious interference from the endogenous compound in plasma was observed when the concentration was lower.

higher than that of fragment m/z 60 for the methyl ester of $[^{13}C]$ -labelled carboxylic acids. This pro-
duced the slight difference between $[^{12}C]DCA$ and 1^{13} ClDCA in their limits of quantitation.

Although the limits of quantitation of glyoxylate, oxalate and lactate in plasma were not reached, due to the interference of the endogenous compounds, their limits of quantitation were obtained by spiking \qquad Fig. 2. Plasma concentrations of $\int^1 C[-1]$ abelled DCA (A) and its the compounds in water. As shown in Table 4, the metabolites (B), MCA, glyoxylate and oxalate in a normal limits of quantitation of glyoxylate and oxalate in volunteer after the first dose of DCA ($[^{12}CDCA$) valences comparable with those of DCA and $50\%/50\%$, 25 mg/kg, i.v.). water were comparable with those of DCA and MCA, except for their higher C.V. values. The quantitation limit of lactate was much higher than those of the other compounds, because of the peak tailing of methyl lactate (Fig. 1), which decreased MS method, and the plasma concentrations of the sensitivity and the precision of this method in $\left[{}^{13}C\right]DCA$ and its metabolites, i.e. $\left[{}^{13}C\right]$ -labelled detecting lactate. Fortunately, the normal plasma MCA, glyoxylate and oxalate, are shown in (A) and level was about 20 times higher than the limit of (B) of Fig. 2, respectively. The biological effect of quantitation. DCA on plasma lactate is shown in Fig. 3, which

The present method was developed to enhance Although the method described here was princistudies of the metabolism and pharmacokinetics of pally developed to study DCA biotransformation, it DCA in humans, and has been applied to more than should also prove applicable to the study of the 1000 plasma samples.In a typical case, a 24-year-old physiology and pathology of glyoxylate and oxalate healthy male volunteer received, over 15 min, 25 metabolism. For example, oxalate is an end product mg/kg DCA by vein daily for five consecutive days. of mammalian metabolism and is a common con-The first and the fifth doses of DCA contained stituent of kidney stones in humans. Calcium oxalate $[{}^{12}$ C]DCA and $[{}^{13}$ C]DCA in a ratio of 50%/50%, crystals may also be deposited in kidney, blood while the other doses obtained only $[{}^{12}$ C]DCA. The vessels, myocardium, bone and other tissues, due to plasma samples collected up to 24 h after the first acquired or congenital metabolic diseases or to drugs dose of DCA were analyzed using the present GC– that are metabolized to oxalate [27].

illustrates both the expected fall in lactate following 3.6. *Application* drug administration and rise in lactate following meals.

Fig. 3. Plasma concentrations of lactate before and after the first (1995) 1412. dose DCA in a normal volunteer (25 mg/kg, i.v.). Lactate shows [11] S. Krishna, W. Supanaranond, S. Pukrittayakamee, D. Karter, the expected postprandial (meals at 0.5, 3 and 6 h, respectively) Y. Supputamongkol, T.M.E. Davis, P.A. Holloway, N.J. increases in plasma concentration. White, Metabolism 43 (1994) 974.

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